



PRACTICE TIMES: EXTRA- MURAL ACTIVITIES: TERM 1 & 4 2023

Tennis Co-ordinator: D Assur			
Monday	U/9	14:30- 15:30	M Du Preez
	U/10	14:30- 15:30	A Daniell
Wednesday	U/11	14:30- 15:30	L Müller
Thursday	U/12	14:30- 15:30	D Assur
	U/13	14:30- 15:30	D Assur
Mini-Tennis			
Monday & Thursday	U/7	13:15- 14:00	C Branco
	U/8	13:15- 14:00	N Barthis
Mini-Cricket Co-ordinator: C Ackerman			
Monday & Thursday	U/7	13:15- 14:00	M Hollenbach
	U/8	13:15- 14:00	C Ackerman
Monday & Wednesday	U/9	14:30- 15:30	C Bezuidenhout
Matches on Thursdays			
Chess			
Thursday	JUNIOR	13:15- 14:00	A Daniell
Monday	SENIOR	14:30- 15:30	C Lintvelt
Choir			
Thursday	SENIOR	14:30-15:30	C Lintvelt
Cricket Co-ordinator: N Gibson			
U/12 & U/13- C Cupido			
Monday		14:30- 15:30	
Wednesday		14:30- 15:30	
Matches on Thursdays			
U/10 & U/11- N Gibson			
Monday		14:30- 15:30	
Thursday		14:30- 15:30	
Matches on Wednesdays			
Athletics Co-ordinator: L Müller			
Monday & Thursday	U/6- U/8	13:15- 14:00	
	U/9- U/13	14:30- 15:30	
Sprints, Relays	C Gordon C Swart	Long Jump	C Gelderblom O Sneygans
Long Distance	C Van Lill D Assur P Goeieman	High Jump	T Kirby M Carsten
Discus	E January	Shot Put	C van Niekerk
U/6- U/8	M du Preez E January C Gelderblom	Javelin	A Swart